

# You're invited

## Score a bikini bod—fast!

Celeb trainer Ilyse Baker is taking over GL's Facebook page for a bikini boot camp chat

## Hello, swimsuit shape

Ilyse will answer your get fit Qs live—and she'll unveil an exclusive workout you can download for FREE

## \* Win Big \*

Post a pic of you and your Mom on GL's FB page and tell us how you'll get movin' this summer for a chance to win a 6-month membership to FitOrbit.com



Join us @ [facebook.com/girlslife](https://www.facebook.com/girlslife)

Pretweet your questions for Ilyse to @girlslifemag and tag #GLBikiniBodChat



ILYSE BAKER



SAVE THE DATE  
**Thursday,**  
**May 10**  
**at 6 pm EST**